

# MANUAL HANDLING TRAINING



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### Course Focus

The program focuses on four fundamental principles adapted for individual workplaces.

### Course Objectives

- Knowledge of Manual handling Code of practice WA
- Knowledge of Occupation Health and Safety and legislative requirements
- Risk identification and injury prevention
- Body biomechanics and basic anatomy
- Manual Handling principles
- Identifying and correcting common postural misalignments
- Safely perform Manual Handling techniques for moving objects
- Identify actions movements which increase the risk of injury

### Competency Requirements

Students are deemed competent following assessment of theoretical concepts and observation of correct manual handling technique in a workplace task. Students must obtain a grade of 80% or greater to be deemed competent

## SCOPE TRAINING AND CONSULTANCY MANUAL HANDLING TRAINING

### COURSE DESCRIPTOR

Incorporating the nationally accredited unit TLID107C "Shift materials safely using manual handling"

This course involves the skills and knowledge required to shift loads using manual handling methods, including assessing the risks associated with relocating the load, planning the relocation process and carrying out the relocation in accordance with the plan.

### COURSE AUDIENCE

The manual handling program has been specifically designed by our Physiotherapist to teach students how to safely move and manipulate loads within their workplace.

### COURSE DELIVERY

2-2.5 hour workshop

### COURSE INVESTMENT

\$220 per participant

Additional post course consultation service available for up to six months on course completion

Enquire today

**SCOPE**  
Training &  
Consultancy

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